

# Apocalypsis Therapy

## Exfoliation & Rejuvenation

**100% natural treatment for medium exfoliation (phytopeeling) and rapid skin cell renewal and rejuvenation.**  
Professional beauty treatment combining exfoliation (hyperaemia and peeling of graduated intensity) and skin rejuvenation, smoothing wrinkles, scars, acne marks and reducing dyschromia's and freckles. The treatment is based on the exfoliating and regenerating action of Spongilla dry powder, enhanced with the synergistic action of specific regenerative (Kelifluo and growth promoters) and a cocktail of calming ingredients.  
It may also be optionally combined with alpha hydroxy acids and followed by targeted anti-aging & brightening treatment protocols.

*The treatment comprises two sessions at the beauty clinic over 5 days, plus a skin care regimen to be followed at home between sessions. It is not necessary to stay at home; however, special skin care and strict sun protection are required.*

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### Main action:

Exfoliation, renewal, and rejuvenation of the skin.

### Secondary action

Toning and regulating skin oil levels.

### Indications

Wrinkles, scars, acne marks, dyschromias, freckles, stretch marks, reduced skin elasticity.

### Skin types

Normal, oily, combination and dry skin.

### Counterindications

Thin and sensitive skin with telangiectasias, melanoma, hypertrichosis, skin conditions, active inflammatory acne, allergies, wounds, darkly pigmented people with dyschromias, pregnancy, herpes labialis, and herpes zoster.

Sun exposure is strictly forbidden following the application of the protocol.

### Recommended sessions

Depending on the clinical presentation of the skin.

### Session duration

50 minutes for the first session (without sebum extraction) and 55 minutes for the recuperation session.

### Repeatability

Depending on the clinical presentation and the type of skin; in any case, no sooner than after 28 days.

# Recuperation Protocol

(5 days later)

## Step 1: Cleansing

Clean the face and neck thoroughly and gently with Elements Suitable Cleanser, then apply a light massage with steam. Continue with Elements Cacao Exfoliating Cream, then remove any exfoliation residue with a wet cotton pad.

*(Total duration: 5 minutes)*

## Step 2: Calming

Apply AQ Intensive Mask to the face and Calm Bliss to the neck, then leave on for 20 minutes to soothe irritated skin.  
Or Apply Elements Clarifying active Mask.

*(Total duration: 22 minutes)*

## Step 3: Rejuvenating

Apply 1ml of Apocalypsis Rejuvenating Gel to the face and neck, and massage lightly until it is absorbed, further boosting skin rejuvenation.

*(Total duration: 1 minute)*

## Step 5: Sun Protection

Apply 2ml of Sunfilm Face Gel SPF 30.

*(Total duration: 1 minute)*

## Home Daily Regimen: After Therapy Nonstop Action

The treatment is completed with two products for daily skin care, to be applied in the morning and in the evening (please apply them exclusively and use at least one unit of each):

- **Apocalypsis Rejuvenating Gel** (for oily & combination skins)
- **Apocalypsis Rejuvenating Gel and Apocalypsis Rejuvenating Cream** (for normal & dry skins), in combination with applying Sunfilm Face Gel SPF 30 every day in the morning.