Chronos Therapy

Professional beauty therapy consisting of a course of 10 treatments as well as a daily home regimen, which restores the aqueous balance of the skin, effectively smooths out wrinkles and protects the skin against biological aging and photoaging.

Main action

Diminishing the marks time leaves on the skin (deep wrinkles, fine lines, reduced elasticity), deep hydration, nourishment, antioxidation, stimulation of collagen and elastin production.

Secondary action

Reducing dark circles around the eyes

Indications

Deep wrinkles, fine lines, expression wrinkles (forehead, contour of the eyes and the lips)

Counterindications

Counterindicated in case of herpes zoster.

Skin types

Normal, dry, combination.

Session duration

60 minutes

Frequency of treatments

2 times a week

Stage	Quantity/treatment	Duration
Cleansing	-	3 minutes
Step 1: Chronos Peeling Gel	1.5ml	5 minutes
Step 2a: Chronos Hydra Serum	2ml	5 minutes
Step 2b: Chronos Hydra C Latex Mask	40g	15 minutes
Step 3a: Chronos Antiaging Serum	2ml	5 minutes
Step 3b: Chronos Anaplastic Mask	5ml	15 minutes
Step 4a: Chronos Antioxidant Oil	1ml	10 minutes
Step 4b: Chronos Hydra Correct Cream	2ml	1 minute
Sun Protection Sunfilm Face Bliss SPF 50+	2ml	1 minute

Home Daily Regimen: After Therapy Nonstop Action

The treatment is completed with three products

for daily skin care, to be applied in the morning and in the evening (please apply them exclusively and use at least one unit of each):

- · Chronos Hydra Correct Serum
- · Chronos Hydra Correct Cream
- Chronos Hydra Filler

Treatment Protocol

Chronos Therapy

Cleansing

Use Hydra Cleansing Milk to cleanse the face and neck thoroughly and remove excess oil, dirt and make-up. Remove with a damp cotton pad.

Then, apply Cleansing Tonic Lotion to a cotton pad and use to tone the skin.

(Total duration: 3 minutes)

Step 1: Peeling System

Apply 1.5ml of Peeling Gel Step 1 (Salicylic Acid 1.5%, Glycolic Acid 10.5%, Urea, Keratoplast, A-Bisabolol) to the face and neck, focusing on the wrinkles, with light circular motions, until it is absorbed. Be careful not to let it get in the eyes. In case of skin irritation, remove with water and proceed as normal with the protocol.

(Total duration: 5 minutes)

Step 2: Hydra System

Step 2a: Massage 2ml of Hydra Serum Step 2a into the face and neck, focusing on the wrinkles. (*Duration: 5 minutes*)

Step 2b: Prepare the Hydra C Latex Mask Step 2b by mixing 1 part (40g) powder with 2.5 parts (100ml) water until it turns into a paste. Then, lay a thick layer of the paste on the face and neck, allow it to dry and turn into latex, and then remove it by pulling it. (*Duration: 15 minutes*)

Step 3: Antiaging System

Step 3a: Apply 2ml of Antiaging Serum Step 3a to the face and neck massaging into the skin with upward strokes and circular motions, focusing on the wrinkles. (*Duration: 5 minutes*)

Step 3b: Apply 5ml of Anaplastic Mask Step 3b to the face and neck and leave it for 10 minutes. Massage in for 5 minutes with wet fingertips and then remove with water. (*Duration: 15 minutes*)

(Total duration: 20 minutes)

Step 4: Antioxidant System

Step 4a: Apply 1ml of Antioxidant Oil step 4a on dry skin and massage until it is absorbed, focusing on the wrinkles and being very careful around the eyes. **(Duration: 10 minutes)**

Step 4b: Apply 2ml of Hydra Correct Cream step 4b to the whole of the face and neck using gentle upward strokes until it is absorbed. (*Duration: 1 minute*)

(Total duration: 11 minutes)

Sun Protection (optional)

Apply 2ml of Sunfilm Face Bliss SPF 50+ depending on the time of day that the session takes place.

(Total duration: 1 minute)

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Effectiveness																			
	_	Immediate increase of hydration in 1 hour								62%									
						Incre	ease of	hydro	ıtion		4	10%							
		Reduction of wrinkles in 28 days											60-	70%					
		Activation of hyaluronic acid synthesis										48	%						
		- Activation of collagen synthesis										50	%						
		Activation of fibronectin synthesis Reduction of erythema								64%									
						C	aused l	by sun	light				60-	70%					
									s on 20 pe										
								Te	stim	onia	l								
		My skin is more moisturised							84%										
		My skin feels rejuvenated 68%																	
		My skin is softer 100%																	
		My appearance has improved My skin is								63%									
							mor	e vigo	rous						85%				
						Clinico	al trials or	22 peop	le. Self-ev	aluations	in a peri	od of 28 c	lays.						
									41										