

Mesopeel + AQGFIT

Bright Skin Therapy

Treatment that repairs uneven color tone and dull skin, with the combination of chemical peeling and specialized "bright skin action".

Professional cosmetic treatment that repairs skin discolorations, while offering a uniform color tone and radiance. This treatment is based on the action of special chemical peeling & bright active ingredients. It follows a technique of layering and controlled application sequencing treatments, which also determines the degree of its effectiveness.

Action

Mild keratolysis, cell renewal, antioxidant, anti-inflammatory, antimicrobial, reduction of fine lines and wrinkles, and regulation of melanin overproduction.

Indications

Hyperpigmentation (melasma, freckles, post-inflammatory hyperpigmentation, age spots), dull skin, photoaging, and fine lines.

Contraindications

Sore skin, sunburn, overly sensitive skin, healing problems, dermatitis, inflammatory rosacea, allergies to any of the ingredients of the products, pregnancy, breastfeeding, herpes, vitiligo, psoriasis, taking isotretinoin in the previous six months, chemotherapy or radiotherapy, or a history of autoimmune diseases.

Key ingredients

Azelaic Acid, Mandelic Acid, Tranexamic Acid, Ferulic Acid, Phytic Acid, 4-Hexylresorcinol, Lactic Acid, AQ Growth Factors

Suggested applications: 7

Session duration: 40 - 45 minutes

Repeatability: 1 or 2 times/month

Face Bright Skin Therapy

Step 1: Cleansing

Cleanse the face and neck with Sensitive Cleansing Gel, or the appropriate cleansing product, depending on the skin type. **(Duration: 1 minute)**

Step 2: Preparation

Pro-Peel Lotion (2ml)

Soak the cotton pad with Pro-Peel Lotion and apply it to the face and neck. Pro-Peel Lotion will lower the pH of the skin and prepare it for the chemical peeling that will follow. Protect the sensitive areas (periocular or perioral, base of nasal wing, moles) by applying oily cream. Cover the eyes with a cotton swab soaked in water. **(Duration: 1 minute)**

Step 3: Chemical Peeling

Layering Technique

Apply the products in layers, letting them act according to the maximum recommended time (see table). Check throughout the procedure for erythema before the end of the prescribed time, and if observed, then neutralize with Post Peel Lotion.

The application starts:

- Perimetrically of the face and continues towards the center and neck.
- Locally on discoloration

Attention:

- The type of chemical peeling, the coexistence of different chemical peeling products, as well as the layering technique applied to the skin are parameters that determine the degree of chemical peeling.

- In case of intolerable irritation, **do not continue to the next session**, but repeat the same, until the skin becomes resistant, and then continue progressively to the next one.

Session guide:

Session	Product	Quantity	Layer (Application / Duration)	Neutralization
1	Azelaic 17% - Mandelic 17%	2ml	① Face & neck up to 6'	-
	Bright Skin	2ml	② Face & neck up to 2'	-
	Bright Skin	2ml	③ Apply topically up to 6'	-
	AQ Recovery Serum	1ml	③ Apply topically up to 6'	-
2	Azelaic 17% - Mandelic 17%	2ml	① Face & neck up to 6'	-
	Bright Skin	2ml	② Face & neck up to 2'	-
	Bright Skin	2ml	③ Apply topically up to 8'	-
3,4,5	Azelaic 17% - Mandelic 17%	2ml	① Face & neck up to 6'	-
	Lactic Acid 50%	2ml	② Apply topically up to 1'	-
	Bright Skin	2ml	③ Face & neck up to 2'	-
	Bright Skin	2ml	④ Apply topically up to 8'	-
6,7	Azelaic 17% - Mandelic 17%	2ml	① Face & neck up to 6'	-
	Bright Skin	2ml	② Face & neck up to 2'	-
	Bright Skin	2ml	③ Apply topically up to 8'	-
	Lactic Acid 80%	2ml	④ Apply topically up to 4'	Yes /Topically
	AQ Recovery Serum	1ml	③ Apply topically up to 6'	-

Step 4: Neutralization

Post-Peel Lotion (4ml)

Neutralize chemical peeling (**Lactic Acid 80%**) **topically only in the 6th, 7th, and 8th sessions**, soaking Post-Peel Lotion in a cotton pad and stamp 2 times until there is no feeling of "burning"/"numbness". In case of severe irritation, apply frozen compresses.
(Duration: 2 minutes)

Step 5: Calming / Hydration

5a. AQ Intensive Mask (1 item)

Apply the specialized AQ Intensive Mask, which offers immediate hydration, a cooling sensation, and relief of irritated skin, and fully adapts to the shape of the face. Its high biocompatibility instantly and evenly reduces the feeling of inflammation and erythema on the skin. First, remove the mask from the sachet and unfold it.

Remove the protective film on one side and apply the mask to the face, eyes, and nose according to existing notches. Then, remove the second protective film. Apply the remaining amount of serum from the sachet on the neck and over the mask. Leave it for 15 to 20 minutes and remove. Apply the remaining amount of serum that may have remained on the face with light movements until absorbed.

(Duration: 15-20 minutes)

5b. Calming Bliss (2ml)

Then apply 2ml Calming Bliss for immediate relief and hydration of irritated skin.

(Duration: 1 minute)

5c. AQ Recovery Serum (1ml)

Add 1ml of AQ Recovery Serum to cover the whole Face. Massage it until absorbed.

AQ Recovery serum will accelerate Healing and the generation of young cells. The Growth Factors will reduce the inflammation and the risk of developing post-treatment pigmentations.

Note: Recovery Serum can be ideally used after each session. If the cost is increased, you can use it in the first and the last session.

Don't wash the face for 8 hrs.

(Total Duration: up to 16-21 minutes)

Step 7: Sun protection

Apply the Face Mineral Fluid SPF 50 or the appropriate sun protection product from Sun Film's line on the face and neck. (Duration: 1 minute)

Face Bright Skin Therapy

	Step		Product	Quantity	Duration
1	Cleansing		Sensitive Cleansing Gel	1ml	1 '
2	Preparation		Pro-Peel Lotion	2ml	1'
3	Chemical Peeling	1 st Session	Azelaic 17% - Mandelic 17%	2ml	up to 6'
			Bright Skin	2ml	up to 2'
			Bright Skin	2ml	up to 6'
		2 nd Session	Azelaic 17% - Mandelic 17%	2ml	up to 6'
			Bright Skin	2ml	up to 2'
			Bright Skin	2ml	up to 8'
		3 rd , 4 th , 5 th Session	Azelaic 17% - Mandelic 17%	2ml	up to 6'
			Lactic Acid 50%	2ml	up to 1'
			Bright Skin	2ml	up to 2'
			Bright Skin	2ml	up to 8'
		6 th , 7 th , 8 th Session	Azelaic 17% - Mandelic 17%	2ml	up to 6'
			Bright Skin	2ml	up to 2'
			Bright Skin	2ml	up to 8'
			Lactic Acid 80%	2ml	up to 4'
4	Neutralization		Post-Peel Lotion	4ml	2'
5	Calming / Hydration		AQ Intensive Mask	1 item	15-20'
			Calming Bliss	2ml	1 '
6	AQ-GFIT Therapy		Recovery Serum	1m	12 hrs.'
7	Sun Protection		Face Mineral Fluid SPF 50	1ml	1 '

Home Daily Regimen:



AQ Intensive Mask
the next day of
treatment



Calming Bliss
Morning - Night
(For 3 days)



Face Mineral Fluid SPF 50
Morning
(Daily)

Face Bright Skin Therapy

Home Daily Regimen:



**Elements Brightening
Serum for**
the next thirty days



**Vita Yellow
Double C Serum**
For 30 Days



**Vita Yellow Fresh
Cleanser**
Twice Daily